



CYCLEFIT CHICKS CYCLING Club Local Race Volunteer Schedule

Volunteer component:

As our club grows, it will be necessary to involve every member in its success. One way to achieve this is through volunteer activities both within the club and in the community.

Volunteer opportunities within the club include:

- **Leading group ride(s)- Saturdays or Sundays**
- **Volunteering at CycleFit Chicks clinics, workshops or races (maintenance clinic, learn to ride, learn to race clinics). No experience required**
- **Being a board member, treasurer, secretary, website designer, clinic coordinator, team manager, race coordinator, volunteer coordinator for local triathlons, duathlons and kids of steel races, social events coordinator and whatever else that might arise**
- **There will be a team leader in charge of each volunteer assignment. They will recruit members to volunteer at specific events. All volunteer contributions throughout the season will be noted**
- **Those providing at least 10 hours of volunteer service will not only be promoting the club and women's cycling in Ottawa but will also be provided with a \$30 discount on next year's club registration**

In the community, we as a club have made ourselves available to two local race organizations to act in a volunteer capacity: Somersault Productions and Kids of Steel. We hope to have a strong Chicks' presence at all designated local races put on by these two groups. We will also hopefully be conducting our own Cyclo-cross race series this September and will need volunteers for those events.

Please see below: All designated races and dates are indicated.

We look forward to a great deal of volunteer participation this year. Last year's efforts were greatly appreciated by the race coordinator and most importantly and wholeheartedly by the race participants. For all Somersault and Kids of Steel races, we hope to make our stations fun and motivating for all who participate, both as a volunteer and race participant. Club volunteers are encouraged to wear CHICKS jersey when volunteering at an event.

Having a strong volunteer presence will ensure that the club grows every year.

Please note:

CHICKS club jersey and shorts will be available for purchase in the spring. Should you want to purchase your jersey and shorts at the time of registration, please indicate the proper sizing (Jerseys will be ordered from a new company in France this year – MSTINA.IT)

50% deposit will be required at the time of your order.

Local Race Volunteer Schedule

Date	Race	Location	Organization
TRIATHLON & DUATHLON races			
e-mail : info@somersault.ca Terry			
May 16	Early Bird	Carlton University, Ottawa, ON	Somersault
May 23	National Capital Marathon-NCM	Ottawa, ON	NCM
June 13	River Keeper	Ottawa, ON	
Aug 1	National Capital Tri	Ottawa, ON	
Sept 5	Canadian Iron 226 TRI	Mooneys Bay Ottawa, ON	Somersault
Sept 20	Last Chance Triathlon & Duathlon	Nepean Sports Plex Ottawa, ON	Somersault
KIDS OF STEEL			
http://www.ottawakidstri.ca/			
Race Series Director : John Balint 613-824-6940 613-867-6941(cell) info@ottawakidstri.ca			
Date	Race	Location	
June 21	Stittsville	Stittsvilee	
July 19	Mooney's Bay	Mooney's bay	
Aug 15	Westboro	Westboro	